

UW Medicine

UW SCHOOL
OF MEDICINE

**10th Annual
Men's Health Update
2025**

**Friday - Saturday
February 7-8, 2025**



**University of Washington | South Lake Union
850 Republican Street
Seattle, WA 98109**

**Sponsored by:
UW School of Medicine
Department of Urology
Continuing Medical Education**

TARGET AUDIENCE

This course is designed for primary care providers and urologists who are seeking an update on important clinical topics in men's health. The course is also well-suited for nurses, nurse practitioners, physician assistants, naturopathic doctors, fellows, and residents.

COURSE DESCRIPTION

Men are disproportionately afflicted by urologic disease, and "Men's Health" is an established medical arena where specialized knowledge is required. The diagnosis and management of Men's Health diseases are continually evolving and are heavily influenced by advances in diagnostic technology, medications, and surgical devices. The greatest challenge that care providers face is staying up to date with the changes in this field, thereby assuring state-of-the-art care for their patients. For our 10th year, expert faculty have been assembled to provide this update, with presentations on topics such as prostate screening and treatment, testosterone deficiency and the controversy of testosterone replacement, male urinary dysfunction, kidney and bladder pathology, sexual dysfunction, male infertility, and genital pain syndromes. After the plenary sessions, attendees will have the opportunity to participate in question & answer sessions.



ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 9.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Associate the role of PSA screening in men and describe additional tests now available for prostate cancer screening and diagnosis.
- Extrapolate a more holistic approach to men's health including the complex interplay between common comorbidities.
- Illustrate the management options for men with localized prostate cancer, including active surveillance.
- Give examples of the quality-of-life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Interpret diagnostic criteria in the evaluation of men with microscopic and gross hematuria.
- Outline the appropriate methods of evaluation for men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Distinguish the relationship between cardiovascular disease and erectile dysfunction and offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Point out the association between male infertility and disease, and discuss the evidence-based evaluation of male infertility.
- Classify the key elements of a BPH evaluation and provide appropriate treatment options.
- Evaluate men with scrotal pain and implement an evidence-based initial treatment approach.
- Explain the approach to evaluating chronic male genitourinary pain and the various treatment options available.



FEES AND REGISTRATION

To enroll, please register online at uwcme.org.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover costs of conducting this course. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, food and beverage, faculty planning, travel, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **January 24, 2025**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after January 24, 2025. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

ONLINE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on January 31, 2025, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference. No printed presentation materials will be available.

DIETARY REQUESTS

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items. If you have dietary restrictions (e.g., vegan, gluten-free, etc.), send an email to cme@uw.edu by **January 24, 2025**.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu

EXHIBIT OPPORTUNITIES

Exhibitors are welcome at this event. If you are interested in an exhibit opportunity for this event, email cmeconf@uw.edu for more details.

ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please directly contact the hotels.

Astra Hotel
A Tribute Hotel
300 Terry Ave N
Seattle, WA 98109
206.693.6000

Courtyard by Marriott
925 Westlake Ave N
Seattle, WA 98109
206.213.0100

EVEN Hotel
527 Fairview Ave N
Seattle, WA 98109
206.596.2302

Fairfield Inn & Suites
226 7th Ave N
Seattle, WA 98109
206.443.2012

Hyatt House
201 Fifth Ave N
Seattle, WA 98109
206.727.1234

MOXY Seattle Downtown
1016 Republican Street
Seattle, WA 98109
206.708.8200

Residence Inn
800 Fairview Ave N
Seattle, WA 98109
206.624.6000

Staybridge Suites
1119 Mercer Street
Seattle, WA 98109
877.238.8889

Registration	Fee
All Learners	\$325
Resident/Fellow/Student*	\$125
Industry Professional (Non-exhibiting)	\$525

*Resident/Fellow/Student rates require written confirmation of current status. Failure to provide required documentation, may result in an additional balance owed.

EARLY BIRD SPECIAL

If you register by December 15, 2024, you can receive a \$50 discount using Promo Code: **MJ2505**
The promotion does not apply to the industry professional or already discounted Resident/Fellow/Student rate.

Course Faculty

Course Co-Chairs

Marah Hehemann, MD

Assistant Professor
Department of Urology
UW and Veterans Administration
Puget Sound Health Care System
Men's Health Center | UW Medical Center Roosevelt

Brian Jordan, MD

Clinical Associate Professor
Department of Urology
Urology Clinic at Eastside Specialty Center
Urology Clinic at UW Medical Center - Montlake
Urology Clinic at UW Medical Center - Northwest

Faculty

Jeremy Choy, MD

Clinical Assistant Professor
Department of Urology
Men's Health Center | UW Medical Center Roosevelt

April Schachtel, MD

Clinical Assistant Professor
Division of Dermatology
UW and Veterans Administration
Puget Sound Health Care System

Bruce Dalkin, MD

Professor
Department of Urology
General & Surgical Specialists Clinic at Valley

Alexander J. Skokan, MD, MD, MS, FACS

Assistant Professor in Urologic Trauma, Reconstruction, and Gender Affirming Surgery
Department of Urology

Claire de la Calle, MD

Assistant Professor
Department of Urology

Joshua Thaler, MD, PhD

Associate Professor
Division of Metabolism, Endocrinology, and Nutrition
UW Diabetes Institute

George E. Haddad, MD

Affiliate Associate Professor
Department of Oral Health Sciences
Chief Medical Office, Medical Director | Optispan

Lauren Trew, PA-C, MCHS

Teaching Associate
Physician Associate | Men's Health Center
University of Washington Medical Center - Roosevelt

Ken He, MD

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Department of Urology
UW and Veterans Administration
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Luis Tulloch-Palomino, MD

Assistant Professor
Division of Allergy & Infectious Diseases
Lead, ANtimicrobial Stewardship Program, HIV Telehealth Program
VA Puget Sound Healthcare System

Matthew Jaffy, MD

Clinical Associate Professor
Department of Family Medicine

Jared Wachterman, MD

Clinical Associate Professor
Department of Urology

Tristan Nicholson, MD, PhD

Acting Assistant Professor
Department of Urology
Men's Health Center | UW Medical Center

Thomas Walsh, MD, MS

Professor
Department of Urology
Physician | Men's Health Center
University of Washington Medical Center - Roosevelt

Yaw Nyame, MD, MS, MBA

Acting Assistant Professor
Department of Urology
Urology Clinic | UW Medical Center - Montlake
Fred Hutch Cancer Center

Eugene Yang, MD, MS, FACC

Professor
Department of Medicine
Division of Cardiology
Carl and Renee Behnke Endowed Professorship for Asian Health
Medical Director, UW Medicine Eastside Specialty Center
Co-Director, Cardiovascular Wellness and Prevention Program
Past President, Washington Chapter, American College of Cardiology

Sarah Psutka, MD, MS

Associate Professor
Department of Urology
Urology Clinic | Harborview
Urology Clinic | UW Medical Center - Montlake
Fred Hutch Cancer Center

Molly Riley, PT, DPT, CAPP-OB

Pelvic Health Specialist
UW Medical Center - Northwest

Jeremy Oulton, MD

Clinical Instructor
UW Primary & Urgent Care Ballard

Friday, February 7, 2025

	7:30 Registration & Sign-in Continental Breakfast
	8:00 Welcome and Course Introduction <i>Brian Jordan, MD</i>
Voiding Dysfunction Moderator: <i>Brian Jordan, MD</i>	8:15 Section Overview: Voiding Dysfunction <i>Brian Jordan, MD</i>
	8:20 Evaluation of Lower Urinary Tract Symptoms (LUTS) <i>Jared Wachterman, MD</i>
	8:40 Pearls for Primary Care in Male Voiding Dysfunction <i>Bruce Dalkin, MD</i>
	9:00 Case Studies in Voiding Dysfunction <i>Bruce Dalkin, MD; Brian Jordan, MD; and Jared Wachterman, MD</i>
	9:20 Q&A <i>Voiding Dysfunction Section Faculty</i>
	9:40 Break
Urologic Oncology Moderator: <i>Yam Nyame, MD, MS, MBA</i>	10:00 Section Overview: Urologic Oncology <i>Yam Nyame, MD, MS, MBA</i>
	10:05 Updates on PSA Screening and Diagnosis <i>Claire de la Calle, MD</i>
	10:25 Updates on Prostate Cancer Treatment <i>Yam Nyame, MD, MS, MBA</i>
	10:45 Prostate Cancer Survivorship: The Urologist's Role <i>Alexander J. Skokan, MD</i>
	11:05 Prostate Cancer Survivorship: The PCP's Role <i>Matthew Jaffy, MD and Jeremy Oulton, MD</i>
	11:25 Bladder Cancer: Evaluation and Survivorship <i>Sarah P. Psutka, MD, MS</i>
	11:45 Q&A <i>Urologic Oncology Section Faculty</i>
	12:05 Lunch Break (Lunch Provided)
Genitourinary Inflammation & Infection Moderator: <i>Lauren Trew, PA-C, MCHS</i>	1:00 Section Overview: Genitourinary Inflammation & Infection <i>Lauren Trew, PA-C, MCHS</i>
	1:05 Sorting Out Scrotal Pain <i>Lauren Trew, PA-C, MCHS</i>
	1:25 Updates in Managing Prostatitis and Recurrent Urinary Tract Infections <i>Luis Tulloch-Palomino, MD</i>
	1:45 Male Genital Dermatology <i>April Schachtel, MD</i>
	2:05 Break
	2:25 Pelvic Floor Health for Men <i>Molly Riley, PT, DPT, CAPP-OB</i>
	2:45 Kidney Stones: A Window into Overall Health <i>TBA</i>
	3:05 Q&A <i>Genitourinary Inflammation & Infection Section Faculty</i>
	3:25 Adjourn

All times listed are in Pacific Time

Saturday, February 8, 2025

7:30 Sign-in | Continental Breakfast

8:00 Welcome
Brian Jordan, MD

Sexual and Reproductive Health

Moderator:

Tristan Nicholson, MD, PhD

8:05 Section Overview: Sexual and Reproductive Health
Tristan Nicholson, MD, PhD

8:10 Global Updates on Male Infertility
Tristan Nicholson, MD, PhD

8:30 Advanced and “Restorative” Therapies for Erectile Dysfunction: What Do We Do Now?
Thomas Walsh, MD, MS

8:50 Testosterone Deficiency: Evaluation and Management
Jeremy Choy, MD

9:10 Case Studies in Sexual and Reproductive Health
Jeremy Choy, MD; Tristan Nicholson, MD, PhD; and Thomas Walsh, MD, MS

9:30 Q&A | *Sexual and Reproductive Health Section Faculty*

9:50 Break

Male Wellness

Moderator:

Eugene Yang, MD MS, FACC

10:10 Section Overview: Male Wellness
Eugene Yang, MD, MS, FACC

10:15 Cardiac Considerations for Men’s Health
Eugene Yang, MD, MS, FACC

10:35 Contemporary Management for Medical Weight Loss
Joshua Thaler, MD, PhD

10:55 Impact of Sleep Disturbance on Men’s Health
Ken He, MD

11:15 Strategies for Optimizing Longevity in Men
George E. Haddad, MD

11:35 Q&A | *Male Wellness Section Faculty*

11:55 Adjourn

All times listed are in Pacific Time

